

## About the NCCP

The National Coaching Certification Program is a coach training and certification program for 65 different sports and is offered in both official languages across Canada. NCCP workshops are designed to meet the needs of all types of coaches, from the first-time coach to the head coach of a national team. The NCCP is the recognized national standard for coach training and certification in Canada. As part of the program, all coaches are trained in ethical decision-making and sport safety.



National  
Coaching  
Certification  
Program

Since 1997, the emphasis of the NCCP has been on developing competent coaches – an exciting step towards helping them to become more effective and have a more meaningful impact on an athlete's experience.

Each year, more than 50,000 coaches take an NCCP workshop and since it began, more than 1 million coaches have participated in the program, making it one of Canada's largest adult education programs.

While continuing to equip coaches with the tools they need to become successful community leaders, the program itself has undergone a number of changes in recent years. In response to an extensive evaluation, the Coaching Association of Canada has adapted the NCCP to fit today's coaching environment. Among these important changes has been a shift in emphasis from "what a coach knows" to "what a coach can do". This transformation to a competency/outcomes-based approach has been a key factor in the re-development of the program.

For more information about the Coaching Association of Canada and the NCCP check out their website at [www.coach.ca](http://www.coach.ca)

## The New NCCP

The new NCCP model is made up of three streams and a total of eight contexts (as outlined below), each with its own coaching requirements. Each sport is responsible for identifying how many of the eight contexts are relevant to their sport.

	Community Sport Stream	Competition Stream	Instruction Stream
Contexts	Initiation	Introduction	Beginners
	Ongoing Participation	Development	Intermediate Performers
		High Performance	Advanced Performers

### Stream 1 – Community Sport

Coaches in the Community Sport stream typically become involved on a voluntary (and often short-term) basis because their children participate in a sport. They tend to work with participants of all ages who are new to the sport. The Community Sport stream has two coaching contexts: Initiation and Ongoing participation.

### **Stream 2 – Competition**

Coaches in the Competition stream usually have previous coaching experience or are former athletes in the sport. They tend to work with athletes over the long term to improve performance, often in preparation for provincial, national, and international competitions. The Competition stream has three coaching contexts: Introduction, Development, and High performance.

### **Stream 3 – Instruction**

Coaches in the Instruction stream must have sport-specific skills and training, whether coaching at the beginner or advanced skill levels. Many are former participants in the sport. The Instruction stream has three contexts: Beginners, Intermediate performers, and Advanced performers.

### **NCCP Model Transition Period**

During the transition period to the new NCCP model, coaches are encouraged to find out which workshops are currently being offered in their community. A range of NCCP training opportunities are being offered across the country including multi-sport or sport-specific training as well as Theory courses and Technical courses. To find a workshop in your region, click [here](#).

## **Curling's NCCP Transition Plan**

Curling has decided to develop two streams at this time; Community and Competition Streams.

<b>Community Stream</b>	<b>Competition Stream</b>
<b>Context:</b> Initiation <b>Program Name:</b> “Club Coach: Youth” <b>NCCP Status:</b> Have obtained final Coaching Association of Canada Approval	<b>Context:</b> Introduction <b>Program Name:</b> “Competition Coach” <b>NCCP Status:</b> Undergoing Context Approval Process with the Coaching Association of Canada
<b>Context:</b> Ongoing Participation	<b>Context:</b> Development

<b>Program Name:</b> “Club Coach” <b>NCCP Status:</b> Have obtained final Coaching Association of Canada Approval	<b>Program Name:</b> TBD <b>NCCP Status:</b> Future Development
	<b>Context:</b> High Performance <b>Program Name:</b> TBD <b>NCCP Status:</b> Future Development

## Stages of Certification and Training

A coach is described as:

- “**In Training**” – when a coach has completed some of the required training for a context;
- “**Trained**” – when a coach has completed all required training for a context;
- “**Certified**” – when a coach has completed all evaluation requirements for a context

## Difference between Community Stream and Competition Stream

Coaches in the Community Stream will be trained. Coaches in the Competition Stream will be certified upon the successful completion of an evaluation.  
What Pathway should you take?

If you’re not sure what stream you should enter, consider this advice... Think about the age and type of curler you would like to instruct or coach. Remember as your skill level progresses you can always take further training.

Age and Skill Level of Curler you Would like to Instruct or Coach	Recommended Starting Point
Youth or Little Rock Curlers, Young Juniors who are just playing recreationally within the club or interclub leagues	Club Coach: Youth
Adult or older juniors playing recreationally with in the club or interclub leagues, Learn to Curl Clinics, Advanced Clinics within the club, Rookie Leagues within the club	Club Coach
Junior, Adult, Senior, Master curlers who intend to play and practice together as a team and enter competitive play-downs or who compete on a competitive tour/major league	Competition Coach

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# Community Sport Stream



## Community Sport: Club Coach Youth

**Stream:** Community Sport

**Context:** Initiation

**Program Name:** “Club Coach: Youth”

**Prerequisites:** None

Coaches who take this one day workshop will become a **trained** “Youth Club Coach.” This coach will be able to coach beginning curlers and youth curlers whom have been involved in curling for several years. A Youth Club Coach will be an expert in preparing a safe environment, ethical decision – making, and leading curlers in activities which are age suitable and technically correct for youth curlers. A Youth Club Coach will exemplify correct coaching behaviour.

### Topics Covered in a “Club Coach: Youth” Workshop

- Setting the Scene
- Ethical Coaching
- Practice Planning
- Safety
- Game Orientation
- Teaching the Skills
- Program Management
- Games, Skills and Activities



## Community Sport: Club Coach

**Stream:** Community Sport

**Context:** Ongoing Participation

**Program Name:** “Club Coach”

**Prerequisites:** None

Coaches who take this two day workshop will become a **trained** “Club Coach.” This is a program designed to enhance the skill set of the coach and instructor who function primarily at the club level. The Club Coach will be competent in training curlers from youth to masters, with skill levels of beginning to intermediate. The Club Coach will be

proficient in planning and designing a practice/clinic, ethical decision-making, teaching correct curling skills, skill analysis, safety, program management, planning, managing and designing a curling program.

### **Topics Covered in a “Club Coach” Workshop**

- Role of the Coach and Organizational Management
- Game Orientation, Rules & Etiquette
- Safety
- Warm-ups & Cool-downs
- The Curling Delivery
- Introduction to Strategy
- Brushing
- Ethical Coaching
- Practices
- Clinics
- Skill Analysis
- Special Interest Groups

**Important Note:** “Club Coach” has replaced Level 1 Technical as of the fall of 2007.

### **Community Sport Coach Pathway for Curling**

[Click here to download the Community Sport Coach Pathway](#) (Adobe PDF Document)

## **Competition Stream**

### **Competition Coach**

**Stream:** Competition Stream

**Context:** Introduction

**Program Name:** “Competition Coach”

**Prerequisites:** None

Coaches who take this two day workshop will earn credit towards their Competition Coach Training. This coach will be able to prepare a team to compete in regional and provincial level competitions. They will be proficient at planning and executing practices. Coaches can begin their training in the Competition Stream (i.e. Community Stream is not a prerequisite), however coaches need to have a good understanding of the game and technical skills. In order for a coach to be deemed “certified” the coach must undergo a mandatory evaluation

## **Topics Covered in a “Competition Coach” Workshop:**

- Teaching & Learning Strategies
- Strategy & Tactics
- Delivery and Brushing Skills
- Skill Analysis
- Practice Planning, including Safety and EAP (Emergency Action Plan)
- Drills to Correct

## **To Become a “Certified Competition Coach”**

**Competition Coach Training** – 2 day workshop  
(Offered by Provincial/Territorial Curling Associations)

+

**Make Ethical Decisions** – 3 hour workshop (offered in a multisport environment)\*

+

**Successful Competition Coach Curling Evaluation** (video or in-person)

+

**Successful Make Ethical Decisions Evaluation** (online evaluation)\*\*

\*If a coach has taken the “Intro to Competition A” training, they will have already received the Make Ethical Decision training. Consult [www.coach.ca](http://www.coach.ca) to find a workshop near you.

[http://www.coach.ca/eng/conferences/nccp\\_workshops.cfm](http://www.coach.ca/eng/conferences/nccp_workshops.cfm)

\*\*The Make Ethical Decision Evaluation is administered by the Coaching Association of Canada. For more information follow the link below:

<http://nccpeval.coach.ca/production/med/e/index.asp?Language=English>

## **Competition Coach Pathway**

[Click here to download the Competition Coach Pathway](#) (Adobe PDF Document)

## **Competition Coach Evaluation**

## **Principles of Evaluation in the NCCP**

- Evaluate Knowledge, Skills and Attitudes deemed important for a given coaching context
- Must reflect Ethical Coaching Practice promoted by Canadian Sport System
- Coach must demonstrate certain criteria and sufficient evidence must be gathered to pass judgement on the attainment of a given criterion
- The evaluation process must assist the coach in achieving certification by identifying the specific evidence and descriptors that are used to judge the successful attainment of a given criterion.
- Only NCCP trained and accredited Evaluators can determine a coach's attainment of a given criterion.
- Competition – Introduction coaches must complete a formal observation that (1) is done by an external Evaluator and (2) features coaching of athletes or participants in that specific coaching context.
- Evaluation requirements, procedures, and methods must be (1) administratively feasible, (2) professionally acceptable, (3) publicly credible, (4) legally defensible, (5) economically affordable, and (6) reasonably accessible.

## **Structure of Evaluation in the NCCP**

**OUTCOMES:** What a coach should be able to do in specific areas deemed important for the NCCP

**CRITERIA:** What will be evaluated within a given outcome

**EVIDENCE:** What the Evaluator must see to confirm the attainment of a given criterion.

[\*\*Click here for a copy of the Evaluation Toolkit\*\*](#)

[\*\*Click here for a copy of the Competition Coach Matrix \(Standard of Evidences\)\*\*](#)

\*\*Come back soon to download a fillable PDF version of the Evaluation Toolkit (currently in development).

**The Canadian Curling Association has determined the following for the Competition – Introduction Coach (“Competition Coach”):**

NCCP Outcomes	Criteria	Required to be part of training (T) or evaluation (E) program
Make Ethical Decisions	Apply an ethical decision making process.	T E
Provide Support to	Ensure that the practice environment	T E

	is safe	
Athletes in Training	Implement an appropriately structured and organized practice	T E
	Make interventions that promote learning	T E
	Identify appropriate logistics for practice	T E
Plan a Practice	Identify appropriate activities in each part of the practice	T E
	Design an emergency action plan	T E
Analyze Performance	Detect performance	T E
	Correct performance	T E

### Components of the Competition Coach Evaluation:

- Portfolio submission which includes a Written Practice Plan and an Emergency Action Plan
- In person or Video Submission of the coach conducting a practice
- Debrief/Action Plan with Evaluator
- Successful on-line evaluation of Make Ethical Decision Module

### Evaluation Methodology

Outcome	When Evaluated	Method	Notes
1. Make Ethical Decisions	After completion of Ethical Training Module through Multi-Sport Module (MSM) <b>or</b> after the coach has completed (MSM) Intro to Competition A	NCCP-developed online evaluation. must email the Coaching Association of Canada (coach@coach.ca) for login information	This evaluation is located at <a href="http://www.coach.ca">www.coach.ca</a> Evaluation is free x 2  There is a practice evaluation on line, this is not intended to be a training
2. Provide Support to Athletes in Training *	After completion of the Curling Intro-Competition Training <b>and</b> At a time mutually determined by coach and evaluator <b>or</b> At a time	Formal observation of implemented practice session (onsite/camp) <b>or</b> Video submission of coach during a practice session	- Practice session should be minimum 1 hour based mainly on athlete skill development for delivery AND brushing.- Practice must include on-ice time.  - Video submissions must follow the Video Protocol provided by the CCA.

	determined by PSO when evaluations take place		
3. Plan a Practice	After completion of the Curling Intro- Competition Training.	Written practice plan submitted - E-mailed or mailed at least two weeks prior to formal observation	Coach is encouraged to use practice plan template provided by CCA
4. Analyze Performance *	After completion of the Curling Intro-Competition Training <b>and</b> At a time mutually determined by coach and evaluator <b>or</b> At a time determined by PSO when evaluations take place	Formal observation of implemented practice session (onsite/camp) <b>or</b> Video submission of coach during a practice session	- Practice session should be minimum 1 hour based mainly on athlete skill development for delivery AND brushing.- Practice must include on-ice time.  - Video submissions must follow the Video Protocol provided by the CCA.

\* Coach will be observed one time during their practice session for both these outcomes.

## How to Be Evaluated

- When you are ready to be evaluated or to submit your evaluation video, you will need to contact your provincial/territorial curling association.
- Your Provincial/Territorial Curling Association will provide you with the instructions on where to send your Practice Evaluation Video and Portfolio, or will let you know how to arrange an in-person evaluation.
- Provinces/Territories will be conducting in-person evaluations in the method which best their province/territory. These may be done in the form of evaluation camps, one-on-one evaluations, etc...
- Evaluation Fees must be submitted to your Provincial/Territorial Member Association prior to your evaluation.
- Contact information for each of the Provincial/Territorial Member Associations can be found on the CCA website

## **Unsuccessful Evaluation**

- Should a coach not meet the minimum standards required for the evaluation, they will be provided with a debriefing session and action plan to assist them in meeting the standards.
- The coach can then apply to be re-evaluated. If the coach is still not successful in their re-evaluation they will be referred back to the “Competition Coach” training weekend.
- Please note: evaluation fees will be applicable for a second evaluation.

## **Challenge Process**

While it is recommended that everyone take the “Competition Coach” Training, it is recognized that some coaches may already possess the knowledge required to successfully complete the Evaluation without training. e.g. Competitive athletes who have worked closely with certified coaches in the past, or coaches who have been exposed to similar training in other sports, or physical educators. For those who would like to “Challenge” the evaluation, the Evaluation Module will provide you with the standard competencies in which you will be evaluated on. Contact your Provincial/Territorial Member Association to arrange evaluation. Evaluation Fees must be submitted to your Provincial/Territorial Member Association prior to your evaluation.

Please note: You will have to complete the curling evaluation first before you are assigned an NCCP Data base number. The NCCP Database Number is required for the Make Ethical Decision Evaluation.

## **Video Protocol**

- Videotaping MUST be done by a third party/assistant;
- Focus of the video is on the coach’s competency and ability to interact with athletes;
- Tripods should be used whenever possible. If not using a tripod, try to keep the camera stable and steady;
- Videoing should be done in proximity where coach and athletes can be heard;
- Lighting may be an issue, please maximize the amount of light possible for your video by altering your camera’s shutter speed settings (see your camera’s user manual for instruction);
- Minimize the use of the zoom feature – instead move camera closer if necessary;
- Try to video when there is the least amount of activity on other sheets;
- Videos should be submitted in DVD format – VHS is acceptable but not preferable;
- Video must be 60 to 90 minutes.

## **Video Format**

Video must include all components of the Practice Plan:

- An Introduction to the session with the following components:
  - Introduce yourself
  - Time, date and location;
  - Demonstration of presence of an EAP;
  - Team – name, age, skill level, experience and positions; and
  - Explanation that facility check has been completed and all necessary equipment is in place
  - Explanation of on-ice practice including practice goals/objectives
  - Warm-up
  - On-ice practice
  - Detect and Correct
    - Delivery skills
    - Brushing skills
    - Observation of athletes' performance of practice goals/objectives
    - Cool-down
    - Practice Conclusion with athletes
    - Coach provides a commentary debriefing about the practice. (What went well? What would you do different?)

**\*\*Come back soon to view an Ideal Practice Video which you can model your practice video (currently under development).**

# Interim Level 3 Certification Plan

While the “Competition-Development Context” is in development, the following interim Certification Plan shall be recognized for Level 3 Certification. This interim plan is in place due to the fact that Level 3 Theory is no longer being delivered in a Multi Stream environment.

## Prerequisite for Level 3 Certification Program “Level 2 Certified”

### Level 3 Certification Program (*Level 3 Theory Equivalent is in Italics*)

*Make Ethical Decision (Training and Evaluation)*

+

*Design a Basic Sport Program Multisport Module (MSM)*  
(Offered in Intro to Competition B)

+

*Any 4 of 6 Multisport Modules listed below*  
(Offered by provincial/territorial coaching associations)

*Coaching and Leading Effectively*

*Managing Conflict*

*Prevention and Recovery*

*Psychology of Performance*

*Leading Drug Free Sport*

*Developing Athletic Abilities*

+

Level 3 Technical (as currently offered by curling)

+

Level 3 Practical (as currently offered by curling)

# Transferring of Old Database to New Database

Coach certification in the old database will be transferred into the new database, effective June 15, 2011 as per the transfer rules outlined in the Transfer Plan which can be downloaded below.

The intentions are to recognize past training and certifications as much as possible, while still meeting the criteria of the new NCCP program.

Training and Certification Transfer Rules have been developed for curling based upon the Coaching Association of Canada's Policy.

**All coaches will be expected to complete the MED online evaluation within 5 years to maintain their certification, if they have not already done so.**

[\*\*Click here to download the CCA's Transfer Plan\*\*](#) (Adobe PDF Document)

## **Transfer of Qualifications from Levels to New NCCP**

**Make Ethical Decisions (MED) Policy Requirement:** All coaches whose Levels NCCP qualifications are transferred to the New NCCP must complete Make Ethical Decisions within five years of the transfer taking effect.

- a) \*Coaches who are granted "Trained" status must complete, as a minimum, training in MED. Coaches who fail to meet this requirement within the five years will be reassigned "In Training" status with credit for all criteria except MED and be restored to "Trained" status when the MED training is complete.
- b) \*\*Coaches who are granted "Certified" status must complete the evaluation of MED. Coaches who fail to meet this requirement within the five years will be reassigned "In Training" status with credit for all criteria except MED and be restored to "Certified" status when the required MED evaluation is complete. Coaches who complete the MED training will be reassigned "Trained" status.
- c) Coaches who have taken Intro to Competition A (Multisport Module) will receive credit for MED as this module is trained in that workshop.

Levels Coach	Transfer in the New NCCP		Requirements to receive Trained Status	Requirements to receive Certified Status
	Context	Status		
Level 1 Certified	Club Coach Youth	Trained *		
	Club Coach	Trained *		
	Comp-Intro	Trained *		Must complete MED Evaluation & Intro to Comp Curling Evaluation
Level 1 Technical and Level 1 Theory	Club Coach Youth	In Training	Must complete MED Training	
	Club Coach	In Training	Must complete MED Training	

	Comp-Intro	In Training	Must complete MED Training	Must complete MED Evaluation & Intro to Comp Curling Evaluation
Level 1 Technical and Level 1 Practical	Club Coach Youth	In Training	Must complete MED Training	
	Club Coach	In Training	Must complete MED Training	
	Comp-Intro	In Training	Must complete MED Training	Must complete MED Evaluation & Intro to Comp Curling Evaluation
Level 1 Technical	Club Coach Youth	In Training	Must complete MED Training	
	Club Coach	In Training	Must complete MED Training	
	Comp-Intro	In Training	Must complete MED Training	Must complete MED Evaluation & Intro to Comp Curling Evaluation
Level 2 Certified	Club Coach Youth	Trained *		
	Club Coach	Trained *		
	Comp-Intro	Certified **		
Level 2 Technical and Level 2 Theory	Club Coach Youth	In Training	Must complete MED Training	
	Club Coach	In Training	Must complete MED Training	
	Comp-Intro	In Training	Must complete MED Training	Must complete MED Evaluation & Intro to Comp Curling Evaluation
Level 2 Technical and Level 2 Practical	Club Coach Youth	In Training	Must complete MED Training	
	Club Coach	In Training	Must complete MED Training	
	Comp-Intro	In Training	Must complete MED Training	Must complete MED Evaluation
Level 2	Club	In	Must complete MED	

	Coach Youth	Training	Training	
Technical	Club Coach	In Training	Must complete MED Training	
	Comp-Intro	In Training	Must complete MED Training	Must complete MED Evaluation & Intro to Comp Curling Evaluation
	Club Coach Youth	Trained *		
Level 1 Certified and Level 2 Theory	Club Coach	Trained *		
	Comp-Intro	In Training	Must complete MED Training	Must complete MED Evaluation & Intro to Comp Curling Evaluation

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